



# Belrose Public School

Ralston Avenue Belrose NSW 2085  
Phone: 9451 6203  
www.belrose-p.schools.nsw.edu.au  
Email: belrose-p.school@det.nsw.edu.au

Belrose OSHC Centre  
Phone: 0430 247 493

TERM 1, WEEK 6

NEWSLETTER DATE: 4 March 2021

## Dates

### Term 1 2021

Friday 5 March	School Clean Up Australia Day
Monday 8 March	Zone Swimming Carnival No spectators 5/4S P/T night 6-7:00pm
Tuesday 9 March	P & C Meeting 7.15pm
Thursday 11 March	Selective High School Placement Test
Monday 15 March	Sydney North Swimming Carnival Assembly 2.25pm
Friday 19 March	P & C Disco for kids
Tuesday 23 March	P & C Gelato at recess
Thursday 25 March	School Cross Country
Monday 29 March	Awards Day assembly 9.30am
Thursday 1 April	Easter Hat Parade 2:30pm Last day of Term 1

### Term 2 2021

Tuesday 20 April	Students return
------------------	-----------------

## Principal's Message

### CLEAN UP AUSTRALIA DAY

Tomorrow, all children will be involved in a quick clean up of the school grounds following recess and are asked to bring along some gloves.

### EASTER HAT PARADE

For our new families, we wish to give you notice about our Parade. Students are asked to design a hat of non-perishable objects. As the students move through the grades, many are able to reuse their hats from previous years. The event will occur outside on Thursday, 1 April at 2:30pm with social distancing requirements met.

### 2022 SELECTIVE HIGHSCHOOL TESTS

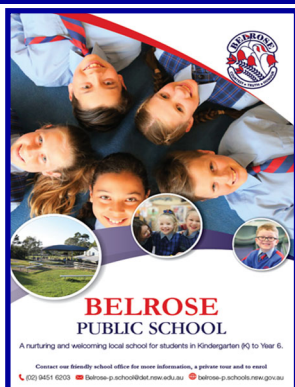
Applicants for Year 7 placement in a selective high school are required to take the test at Davidson HS on Thursday 11 March from 9.00am to 1.30pm. Best wishes for those involved.

### LEARNING SUPPORT PROGRAMS AT BELROSE PS

Students have been receiving specialised support from our Learning and Support teacher Mrs Cohen since the beginning of the year. The support occurs most mornings in the Literacy areas of reading and writing. Mrs Cohen's teaching support also includes withdrawal groups, in class support and co-teaching with the class teacher. We have three part-time support staff who work alongside teachers. Thank you to the parents who are currently attending our Review meetings. If you have a concern about your child, it is best to speak initially with his/her class teacher. Our referral process begins with the class teacher in consultation with his/her Assistant Principal and then through to Mrs Cohen and myself. Mrs Jennifer Lawrence is our psychologist (Educational and Development) and is at Belrose PS each Monday.

### ASSEMBLIES

Congratulations to 2M and Mrs Meteyard for their Celebration of Learning presentation at this week's assembly. We enjoyed your sharing of 'Picasso's Trousers' by Nicholas Allan and your amazing artwork.



**KINDERGARTEN 2022 SCHOOL TOUR  
AND INFORMATION SESSION  
THURSDAY 22 April 2021 9.30-11.00am**



**TERM 1 PARENT/TEACHER INTERVIEWS**

Time for parents to meet with teachers has been set aside for the last two weeks of this term. If you wish to meet the teachers to discuss your child, an interview time may be booked through <https://www.schoolinterviews.com.au/> which opens next **Thursday from 2:00pm**. Parents may use an Event code to book a 10 minute interview. I will send an email earlier in the week and on Thursday.

**2022 KINDERGARTEN INFORMATION EVENT**

We have only just begun the year but moving forward to 2022, we will be holding a Kindergarten 2022 School Tour and Information session on Thursday 22 April from 9:30am to 11:00am. We look forward to welcoming pre-schoolers and their families to see our Kindergarten to Year 2 children perform, visit our Kindergarten classrooms, meet our Captains and Prefects and morning tea with our staff.

**YEAR 7 IN 2022**

All students in Year 6 have received a booklet 'Moving into Year 7 in a NSW Government School in 2022.' The booklet provides information about government secondary schools and includes the Expression of Interest form for placement in Year 7, 2022.

**PEER SUPPORT**

What a great start to Peer Support for our leaders and for all children from kindergarten to year 6 to connect with each other in small groups. The aim of the program is to build a Vertical Support Group within the whole school with outcomes supporting a sense of self, resourcefulness, connectedness and sense of possibility. The focus throughout the weeks will be:

- Getting to know You
- Having different friends
- What friends do
- Being a good friend.



**MANLY SEA EAGLES VISIT BELROSE PS**

We welcomed the players from the Manly Sea Eagles who spoke to the children about developing resilience, developing a positive support team and having a positive mind approach to life. All of the children were very excited!

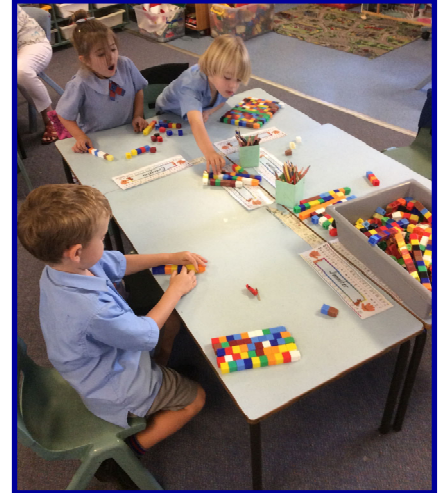


Belinda Zorian  
Principal  
belinda.storr@det.nsw.edu.au





# How are our Kindergarten children learning?





## INSIGHTS

## Helping your child become the best student they can be



The new school year is full of excitement and possibility for students and parents. Regardless of how a child or young person has previously performed, this year offers a chance to set a new course.

While it's tempting as a parent to make the attainment of good academic results the main priority, this is a narrow view that may be incompatible with long-term success. It's wiser to broaden your view and focus on helping your child or young person become the best student they can be. Here's how.

### Encourage learning

The rapidly changing world and workforce that your child will enter requires that they have a willingness to continually learn and adapt. The concept of a lifelong learner, previously lauded by educators with an eye to the future, has now become a reality. Learning and continual improvement should be embedded in each child's psyche so that school life is just a starting point to a lifetime of learning, growth and development. Help your child see themselves as successful learners who achieve results through hard work and application, and that nothing is beyond them if they apply themselves.

### Promote leadership

Leadership is required in all walks of life including at school, at work, in families and in the wider community. Help your child see themselves as a leader by focusing on personal leadership capacities such as planning ahead, communicating clearly, being accountable for their behaviour, developing emotional awareness and fostering good relationships with siblings and peers. Personal leadership development provides a strong foundation for the development of leadership skills in more public forums in later life.

### Applaud independence

The school years are critical for the development of independence, which can easily be closed down by the roadblocks of impatience, overindulgence, fear and lack of time. Alternatively, independence is promoted when we show patience, provide opportunity, display confidence and teach students how.

### Embed wellbeing

If there is one difference that modern schooling is making to the next generation it's in the leadership they have shown in recent years to the maintenance of mental health and wellbeing practises. Parents can support their child's long term wellbeing by embedding wellbeing habits including healthy eating, exercise, sleep, relaxation techniques, regular time in nature, gratitude and mindfulness.

# parenting \* ideas

## Teach socialisation

If you want your child to be liked by others, it's essential to spend time and effort developing the skills and attitudes needed to succeed. Develop in them an awareness of how their behaviour impacts on others, instil manners and community-mindedness and develop a broad range of friendship skills that will assist them to relate well to others.

## Foster resilience

2020 showed us life is unpredictable, full of ups and downs, straight balls and curve balls. It's the unpredictability, the downs and the curve balls that develop kids' resilience. How parents and teachers react to the hardships, frustrations and difficulties kids face either hamper or foster resilience. Spoil, overprotect or pamper and growth opportunities are wasted. Support, encourage and teach kids to cope and you'll be helping them develop a real sense of psychological hardiness and resilience that's essential for long term happiness and success.

Make this year a memorable one by helping your child grow and develop into the best student they can be. Keep the focus broad and do all you can to ensure that your child sees themselves as a confident and continuous learner.



### Michael Grose

Michael Grose, founder of Parenting Ideas, is one of Australia's leading parenting educators. He's an award-winning speaker and the author of 12 books for parents including *Spoonfed Generation*, and the bestselling *Why First Borns Rule the World and Last Borns Want to Change It*. Michael is a former teacher with 15 years experience, and has 30 years experience in parenting education. He also holds a Master of Educational Studies from Monash University specialising in parenting education.

## Students of the Week

KIJ Richie L Thomas N	1K/G Ava B Elke A	2/1S Hudson S Cooper R	2M Eli D Charlotte V	4/3K Elena X Hugo S
4W Isaiah C Eloise S	5/4S Georgie M-C Hamish W	6/5P Emily W Evie W	6D Sophia J Alex R	



## Chess

After school Chess coaching will finish on Friday 12 March.

School Chess is on Friday 19 March from 8.00am in Classroom 5/4S. Students of all Chess abilities from 3 to 6 are welcome to attend.

Mrs Stephens

# STEP UP TO CLEAN UP

Schools Clean Up Day

Schools Clean Up Day is tomorrow after recess. It's a fun and engaging way to teach young Australians about the responsible disposal of rubbish, resource recovery and the repercussions of rubbish dumped irresponsibly in the local environment.

Please send some gloves to help with our quick clean up.

Mrs Jones



## Sport News

### ZONE SWIMMING

We wish all our students attending the Zone Swimming Carnival on Monday, 8 March the very best.

### PSSA

Could all PSSA trophies for Softball, T-Ball, Cricket and the Swimming Age Champions please be returned to the office as soon as possible.

### PSSA Competition this week

#### Cricket

Belrose V Allambie Hts at David Thomas Reserve

#### Softball/T-Ball

Belrose V Allambie Hts at David Thomas Reserve

### PSSA draw for upcoming games:

Round 4	12 March	Belrose V Terrey Hills at Belrose PS/Wyatt Oval
Round 5	19 March	Belrose V Wakehurst at Lionel Watts Oval
Round 6	26 March	Belrose V Kambora at Belrose PS/Wyatt Oval
Round 7	23 April	Belrose V Killarney Hts at Killarney Hts PS/Oval
Round 8	30 April	Make up round if needed

Please note this draw is subject to change. If PSSA is cancelled, we will send an email

### PSSA RESULTS

**Belrose V Mimosa**

**26.2.21**

#### Softball A

We won 8-7. It was a very fun game and we played amazingly well. It was a very hard decision but I think the player of the match should go to Ella L for giving pitcher a go and doing so well.

Lily C

#### Softball B

On Friday the 26th of February, the Softball Bs smashed it out of the park. It was a close win, 7 home runs to Belrose and 5 home runs to Mimosa. Go Belrose! The whole team was super excited to win our first game of Softball this season. The player of the match goes to.... Emily N for her great sportsmanship and encouragement of other team mates! Let's do it again next week! Thanks Miss Panetta for the training. Goooooo Belrose!!!

Evie

#### T-Ball A

It was our first game of the term, even though we lost 14-18 it was still a fun game. Everyone played really well and the player of the match was CC because most of her hits were very good and she was supportive to the team. Mimosa gave us a tough game.

Holly

#### T-Ball B

Mimosa won 17-11 for the B team. The Belrose and Mimosa players played very well. I think the player of the match is Isla S for being a supportive player of her team members even though she was substituting for another B Team member.

Layla

#### Junior Cricket

Player of the match is Billy because he smashed a six, well two actually. We lost, but we did well for our first game. The score was Belrose 9/41, Mimosa 2/75. Good game.

Hamish

#### Senior Cricket

Our score 34—56 to Mimosa. It was a good game. We got 2 out and we all had a lot of fun.

Mack

## P & C News

### We are getting to the exciting part of term!

The Disco, Gelato Day and Easter Raffle are all approaching. Get ready to have some fun.

Tickets can be purchased via Flexi schools for the Disco and Gelato Day.



Thank you for all the families that have volunteered for the Disco, an email will be sent to you all confirming the details.

Class Parents have been worked out now so we look forward to seeing you at our next P&C meeting on Tuesday 19 March. These meetings are so important for Class Parents as you are the contact between the P&C and the class.

Meetings are open for any Belrose family to attend so please feel free to join us at 7.15 pm in the staff room.

Rebecca Keiller  
 P & C President

### CANTEEN NEWS

Volunteer opportunities for "Canteen Volunteer Roster - Term 1" are now open.

Please click on the following web link (or copy it into your web browser if clicking doesn't work) to go to the signup sheet:  
[volunteersignup.org/AM4E9](http://volunteersignup.org/AM4E9)

To sign up, just follow the instructions on the page. It only takes a few seconds to do.

Thank you for volunteering!

Please find the roster for tomorrow:

Friday 5/3/21	Time
Lisa Smith	9.30-11.30am
Jacqui Power	12.00-1.30pm
Holly Davis	12.00-1.30pm

Lee Purser  
 belrosecanteen@outlook.com

**UNIFORM SHOP OPENING TIMES**  
 Thursday afternoon - 2.45pm to  
 3.15pm



You are cordially invited to attend

# Open Night 2021

Tuesday 16 March 5pm to 7.15pm

Subject to Covid-19 Guidelines

See website for updates

[www.davidson-h.school.nsw.edu.au](http://www.davidson-h.school.nsw.edu.au)

Sessions will be run at 15 minute intervals

commencing at 5pm.

Tours will be organised in small groups.

To attend these tours go to  
[www.schoolinterviews.com.au](http://www.schoolinterviews.com.au)  
 and make a booking using the code **huu9g**

If you are unable to attend this evening, please book into our **Open Morning** on Tuesday 30 March from 10.30am to 11.30am using the code **x8u8f**



# Davidson


HIGH SCHOOL



Mimosa Street, Frenchs Forest  
 Phone: 9451 0022  
[www.davidson-h.school.nsw.edu.au](http://www.davidson-h.school.nsw.edu.au)

## April Holiday Camps

6<sup>th</sup> April 2021 – 16<sup>th</sup> April 2021






*Join our Holiday Camps and play soccer indoors on grass*

**CAMPS FILL FAST, SO BOOK NOW!**

Here at the Football Factory we acknowledge the necessity to focus on the development of an individual's skills. It is important that children have fun whilst they learn new skills, and that's why we've tailor made our school holiday camps to be both fun and engaging!

- Professionally qualified & engaging FFA & AFC coaches.
- Learn new tricks, skills and techniques to improve your overall ball mastery and game play. We will teach you how to execute a 'Zidane Turn', 'The Socrates', 'Rabona', 'Maradona Spin', 'Cryuff Cut', 'Ronaldo Chop', or learn how to do a 'Rainbow Flick'!
- Each day has a different 'Football Focus'. Tricks, skills and moves relevant to the daily focus will be taught.
- Build your child's confidence and self-belief in a nurturing, and fun environment where they can improve their skillset. This leads to more creative players on the football field.
- Play football, no matter what the weather, in your boots!
- Finish the day with Laser football!
- Clean and safe environment where individual needs are catered to.

Check it Out!

The Football Factory | Unit 2, 8 Aquatic Drive, Frenchs Forest | (02) 9972 7766 | [thefootballfactory.com.au](http://thefootballfactory.com.au)



**AUSTRALIAN SPORTS CAMPS**  
 AUSTRALIANSPORTSCAMPS.COM.AU

**3-DAY SPORTS CAMPS NORTH SYDNEY**

**BOOK NOW SAVE 30% \$94.50**

9am - 3pm each day.  
 High quality sports program for 6 - 16-year olds delivered by expert coaches and guest appearances.

**Sports**  
**AFL- Soccer - Basketball - Netball - Rugby Union**

**LOCATIONS**  
 Frenchs Forest - Ryde  
 North Ryde

Call 1300 914 368 or visit  
[@australiansportscamps.com.au](http://@australiansportscamps.com.au)  
 to book or for more information.